

GPL0724

Glutebuilder Plate Loaded

Dual 45 Hip Extension



Developed in partnership with Glutebuilder and exclusively available from Precor, the Glutebuilder plate loaded line is a full range of products dedicated to targeting the glutes, legs and hip muscles. The precision biomechanics create an exact motion path with smooth, constant resistance ensuring effective and efficient workouts. The multiple adjustment points allow exercisers to find the perfect fit and range of motion for each exercise.

The Dual 45 Hip Extension is the industry's first 45-degree plate loaded hip extension machine that offers multiple foot plates for hamstring and glute training positions while eliminating the struggle of holding free weights during the movement.



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Non-Slip Foot Platform

The non-slip, foot platforms provide multiple stable positions for consistent foot contact throughout the range of motion, allowing exercisers to target either hamstrings or glute muscles.

Stable for Every Body

Adjustable hip pad and starting handle easily adjust allowing exercisers to get the right fit for their body, providing stability during the movement.

Exercise Progression

Connection points for resistance bands offer exercisers the ability add additional challenge to the movement.

Specifications

Dimensions (L x W x H): 61 x 56 x 49 in / 155 x 142 x 125 cm

Equipment Weight: 418 lb / 190 kg

Max Load Weight: 220 lb / 100 kg

Max User Weight: 350 lb / 159 kg

Starting Weight: 24 lb / 11 kg

Recommended Weight Plates: 1 x 45 lb, 2 x 35 lb, 1 x 25 lb, 2 x 10 lb

Weight Storage Horns: 1

Frame and Finish: Heavy-duty steel tubing is welded in all structural areas to withstand the most severe environments. Powder coated frame.

Warranty: Visit www.precor.com for warranty terms.



Color Options*

Frame



Black Pearl Gloss Metallic Gloss White**

* Custom frame colors are available, subject to minimum order quantities and extended lead times.

**Additional lead time applies.

Upholstery



Black

Additional Upholstery Options**



Grey Slate American Beauty Candy Apple All Spice Bucksuede



Burgundy Royal Blue Blue Jay Chocolate Hunter Green

* Additional upholstery options may have longer lead times. Please contact a sales representative.
* Colors may vary.

**Additional lead time applies.