## GPL0612

Glutebuilder Plate Loaded

# Hip Thrust Elite III



Developed in partnership with Glutebuilder and exclusively available from Precor, the Glutebuilder plate loaded line is a full range of products dedicated to targeting the glutes, legs and hip muscles. The precision biomechanics create an exact motion path with smooth, constant resistance ensuring effective and efficient workouts. The multiple adjustment points allow exercisers to find the perfect fit and range of motion for each exercise.

The Hip Thrust Elite is the smith machine for the glutes! Exercisers can move the barbell freely up and down, or slide it for a perfect fit for every body. Double linear carriage allows the barbell to move with the motion of the exerciser, replicating the natural mechanics of the movement.



















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#### **Natural Movement**

Designed with a double linear bearing system, the barbell moves freely with the exerciser in both a vertical and horizontal direction throughout

#### **Non-slip Foot Platform**

The unique 3D angled non-slip foot plate provides consistent foot contact throughout the range of motion, while allowing external hip rotation.

#### **Adjustable Back and Shoulder Pads**

The shoulder pads and an oversized back pad easily adjust allowing exercisers to get the right fit for their body, provide stability, and improve exerciser technique.

#### **Exercise Progression**

Two connection points for resistance bands offer exercisers the ability to enhance exercise variety.

### Specifications

**Dimensions (L x W x H):** 77 x 67 x 51 in / 196 x 170 x 130 cm

Equipment Weight: 550 lb / 249 kg Max Load Weight: 660 lb / 300 kg Max User Weight: 350 lb / 159 kg Starting Weight: 66 lb / 30 kg

Recommended Weight Plates: 4 x 45 lb, 2 x 35 lb, 2 x 25 lb, 2 x 10 lb

Weight Storage Horns: 4

Frame and Finish: Heavy-duty steel tubing is welded in all structural areas to withstand the most severe environments. Powder coated frame.

Warranty: Visit www.precor.com for warranty terms.

## Color Options\*

### Frame









Gloss Metallic Gloss White

- Custom frame colors are available, subject to
- \*\*Additional lead time applies.

### Upholstery





- Additional upholstery options may have longer lead times. Please contact a sales representative.
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