



# FT1 FUNCTIONAL TRAINER

### **DIMENSIONS**

**Assembled Weight** 

Shipping Weight 613 lbs / 278 kgs

725 lbs / 329 kgs

**Product Dimensions** 

L - 46 in / 117 cm (83 in / 211 cm with optional bench)

W - 54 in / 138 cm

H - 82 in / 209 cm

**Residential Warranty** 

Limited Lifetime

**Light Commercial Warranty** 

Limited Lifetime Frame, 10y Parts

## **FEATURES**

#### **Loaded Yet Compact**

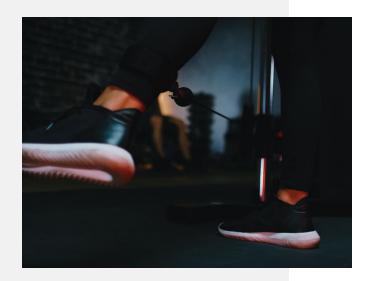
One of the industry's smallest footprints in a full Functional Trainer.

#### **Isolate Each Pulley**

Two weight stacks & inventive engineering allow for independent movements.

#### **Complete Freedom**

30 swivel pulley positions provide movement in any direction for unrestricted exercises.



## **SPECIFICATIONS**

Frame - Heavy-duty rectangular steel, matte black

Included Accessories - Triceps Rope, 2 x Rubber D Handles, Straight Bar, EZ Curl Bar, Ankle Strap, Multi-Function Belt, Sport Handle, 2 x 5 lbs Add-On Weights, & Exercise Booklet **Optional Add Ons -** 2 x 50 lbs (107.5 lbs max per pulley), Bench, Preacher Curl Attachment, Ab Bar

**Weight Stacks -** 2 x 165 lbs (75 kgs) (2:1 ratio for 82.5 lbs per pulley, 85 lbs with 5 lbs Add-On Weights)