



M3 MULTI GYM

DIMENSIONS

Weight

523 lbs / 238 kgs

Product Dimensions

L - 73 in / 214 cm

W - 40 in / 102cm

(74 in / 188 cm with optional leg press)

H - 84 in (Max) / 186 cm

Light Commercial Warranty

Limited Lifetime Frame, 10y parts

Residential Warranty

Limited Lifetime Frame & Parts

FEATURES

Total Body Machine

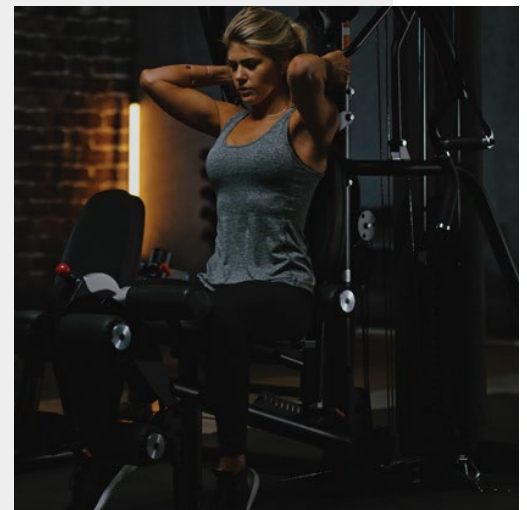
Try more than 100 different types of exercises, with 1 efficient tool.

Built-in Crunch Bench

The patented seated crunch station is a one of a kind integration.

Independent Press Arms

Work both arms at once, or individually with the unique press arm design.



SPECIFICATIONS

Frame - Heavy-duty steel, matte black

Press Arm Pivot Points - 1 1/2" precision steel ball bearings

Resistance Ratios - High, Mid & Lower pulleys 1:2, Leg Ext 1:1, Leg Curl 3:4, Leg Press 2:1, Press Arm 1.2:2

Weight Stacks - 215 lbs (98 kgs)

Included Accessories - EZ Curl Bar, Ankle Strap, Extension Chain, & 4 x D Handles

Available Add-Ons - Leg Press, Tricep Rope, Abdominal Bar, Multi-Ring D Handles, Double D Low Row Handle, Sport Handle