

M5 MULTI GYM

Introducing the M5, a multi-user and multi-station home gym with everything you need for a full body workout.



DIMENSIONS

Weight

900 lbs / 409 kgs

Product Dimensions

L - 94 in / 239 cm
(124 in / 315 cm with optional leg press)
W - 88 in / 224 cm
H - 85 in / 216 cm

Residential Warranty

Limited Lifetime on frame, finishes & all parts

Light Commercial Warranty

Limited Lifetime Frame, 10y parts

FEATURES

Preacher Curl & Leg Curl Stations

Get a full body workout with the included preacher curl and leg extension/curl stations. Take your leg workouts even further with the optional leg press attachment.

2 Users at Once

With dual 215 lb weight stacks, this two person cable gym can support multiple users. Both fixed and free motion capabilities means an unlimited number of exercises.

Total Body Machine

A Multi Gym with press arm, seated leg curl and extension station, dual weight stacks, free movement handles, row station and 4 pulleys.



SPECIFICATIONS

Frame - Heavy-duty oval & round steel

Color - Matte black powder coat finish

Weight Stacks - 2 x 215 lbs (98 kgs)

Included Accessories - 2 x Double D Low Row Handle, Aluminum Lat Bar, Aluminum Curl Bar, 2 x Rubber D Handles

Resistance Ratios - Lower pulleys 1:2, Lat/Row/Curl pulley 1:1, Leg Ext 1:1, Leg Curl 3:4, Leg Press 2:1, Press Arms 1.2:1