

## Pro Series PL Lat Pulldown

The Pro Series Plate Loaded Lat Pulldown is a versatile machine for building upper body strength. It primarily targets the latissimus dorsi, biceps, and forearms. The secure leg pads keeps users firmly in place, providing stability during workouts. Its compact design makes it an excellent choice for personal training studios or home gyms, offering an efficient solution for comprehensive upper body training.



Limiting Mechanism



Sturdy Design



High-Strength weight Horns



Padded Seat/Arm Rest

### Technical Specifications

<b>Rating</b>	Commercial
<b>Adjustments</b>	Adjustable Pads
<b>Product Weight</b>	95kg / 216.1lbs
<b>Max User Weight</b>	150kg 330lbs
<b>Dimensions</b>	L 170.3 x W 133.9 x H 204.7 cm L 67 x W 52.7 x H 80.6 inches

### Key Features

<b>Oversized leg pads to meet the training needs of different groups</b>	•
<b>High-strength engineering plastic barbell tube protective cover</b>	•
<b>Limiting mechanism to ensure the safety of the trainer</b>	•