

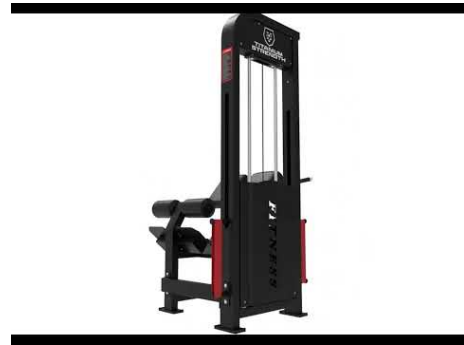


Ultimate Selectorised Back Extension

SKU: EL-S43

Product Images





Short Description

Designed to offer a more comfortable **Back Extension** exercise experience, this **commercial machine** features a weight stack that allows users to easily adjust the weight via a pin, simplifying the training process. Additionally, its ability to adjust the height of the pad allows users to specifically target different areas of the hamstrings, glutes, and lower back muscles, offering a versatile and personalised training experience. With integrated band pegs, it also provides the option to add resistance bands to further challenge the muscles during exercise.

Description

Why should you buy the Ultimate Selectorised Back Extension from Titanium Strength?

MAXIMUM COMFORT

The **Ultimate Selectorised Back Extension** redefines the workout experience by eliminating the hassle of holding plates or kettlebells to add resistance during the back extension exercise. With a pulley system that allows you to select your desired weight from the weight stack, you can fully focus on the movement without worrying about the load.

CUSTOMISATION FOR ALL USERS

With the **adjustable pad offering 7 positions**, this machine is perfect for users of all sizes. Additionally, users can customise the height to specifically target the hamstrings, glutes, or lower back, adapting the exercise to their individual needs and goals.

ENHANCED VERSATILITY

In addition to being a great tool for back extensions, this machine offers the versatility to perform more exercises. You can take advantage of the low pulley with different handles to perform a variety of movements, such as glute kicks with an ankle strap, pull-throughs with a triceps rope, and even back row exercises.

ADDITIONAL RESISTANCE WITH ELASTIC BANDS

In addition to the **100 kg weight stack**, users can add additional resistance using the included resistance bands with the machine.

SPECIFICATIONS

- **Use:** Commercial
- **Weight stack:** 100 kg
- **Cable ratio:** 1:1
- **Central pad adjustments:** 7 positions
- Included resistance bands
- **Dimensions:** 122 (length) x 96 (width) x 176.5 (height)
- **Weight:** 250 kg

About Titanium Strength:

Leading brand in the sale of **equipment** and **machines** for **strength** and **cardio** training.

Additional Information

Use	Commercial
Colour	Black
Manufacturer	Titanium Strength
Weight (kg)	250.000000
Width cms.	96
Height cms.	176,5
Large cms.	122
Body Part	Back
Total weight stack	100
Material	Acero Inox
Product Line	Elite Series
Cable Ratio	1:1