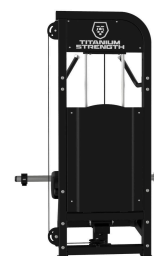




# Selectorisised Hip Thrust

SKU: EL-S36

**Product Images**





## Short Description

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The **Hip Thrust** from the Elite Series is designed for serious training in demanding environments. Tailored for those who prioritize functionality over aesthetics, this machine has been simplified to offer everything you need for an excellent training experience, emphasizing the essential and providing all you need in terms of feel, movement, and adjustability.

With a robust design, this **selectorised machine** offers the ability to isolate and strengthen the **gluteal muscles** efficiently. The high-quality construction, featuring oval tubes of 50 x 100 mm and a thickness of 3 mm, supports the machine's solidity. Ideal for users of all levels, it blends classic style with commercial performance and precise biomechanics for an unparalleled training experience in your **professional gym**.

## Description

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### Why should you buy the Titanium Strength Elite Series Hip Thrust?

#### TECHNICAL SPECIFICATIONS

- **WEIGHT PLATES:** Reinforced version of the weight stack (430 x 100 x 15.5 mm). The decibel level generated during movement is lower than conventional weight plates, and the sound is smooth and not strident. The plate stack labels gradually change from green, yellow, to red, providing users with a direct and clear visual view.
- **GUIDE ROD:** The guide rod is made of 25 x 2.0 mm stainless steel tube, reducing the degree of shaking during plate stack movement and making the motion smoother. In comparison, the conventional guide rod is a 20 x 2.0 mm stainless steel tube.
- **INSTRUCTIONAL PLACARDS:** The training guide diagram is simple and intuitive, showing how to train correctly and which muscle groups are involved.

- **COMPONENTS:** The handle, shaft joint, and weight stack pin are all made of anodized aluminum alloy.
- **CABLE:** Uses 7 x 19 braided, greased, and nylon-coated cable.
- **FRAME DESCRIPTION:** The main tube is 50 x 100 x 2.5 mm, and the secondary tubes are 50 x 75 x 2.5 mm and 50 x 50 x 2.5 mm. Each frame undergoes an electrostatic spraying process, with three layers of coating and two baking processes.

**About Titanium Strength:**

**About Titanium Strength:** Leading brand in the **sale** of **equipment** and **machines** for **strength** and **cardio**.

## Additional Information

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Use	Commercial
Colour	Black
Manufacturer	Titanium Strength
Weight (kg)	178.000000
Width cms.	123,5
Height cms.	155
Large cms.	195
Body Part	Glute
Total weight stack	100
Product Line	Elite Series
Cable Ratio	1:1