



# SelectORIZED Multipress Three functions TF5

SKU: TF5

## Product Images



## Short Description

Build a strong **upper body** with the help of the Titanium Multipress. With 3 amazing machines in 1!

- **Flat Bench Press:** Work the entire pectoral group (upper, middle and lower). This makes it a good exercise for general pectoral development.

- **Incline Bench Press:** The incline position puts more stress on the upper pectoral and delts.
- **Shoulder Press:** It affects the three areas of the deltoids and helps to strengthen the trapezius.

The **pectoral and the shoulder** are two muscles that have **several parts**. Working from **all angles will make the overall muscle look more toned, defined and symmetrical** as a whole.

We know that it is the **best option** for people like you, who seek to **optimize the space in your gym**.

**Add variety to your fitness room!**

## Description

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### Why should you buy the TF5 Multipress Three Functions from Titanium Strength?

Because thanks to its **3 positions**, this machine offers a **variety of exercises aimed at the chest and shoulders**, so you can complete all the repetitions without missing a beat.

**Do you need more reasons to incorporate it into your gym?**

1. Allows you to work the **pectoral** from different angles and therefore stimulate all parts of the muscle.
2. Thanks to its guided movement, it is a **safe and challenging machine**.
3. You can **adjust the weight quickly and easily and enjoy a faster and more efficient workout**.
4. Constant tension makes the muscle work throughout the range of motion.
5. **As a 3-in-1 exercise machine**, it offers an **excellent space-saving solution**.

The **incredible versatility** of the Titanium Strength TF5 Multipress Three Functions allows you to develop strength without limits!

**Additional information:**

- **Measures:** 136 x 181 x 156 cm
- **Weight:** 190kg
- **Load capacity:** 80 kg
- **Adjustments:** Seat tilt.
- **Transmission:** 6 mm PVC coated steel cable with 900 kg tensile strength.
- **Guides:** Solid steel and hardened double chrome plated.
- **Structure:** High strength steel tube (3mm thick) laser cut for greater precision and welded by robotic press.
- **Seat and Back:** High density imitation leather, sweat resistant, antibacterial and antiallergic with double padding in models with areas subject to intense use.
- **Fairing:** resistant and translucent PVC 3mm thick in both sides of the machine, thus avoiding damage due to contact with the weight plates.
- **Grips:** Anti-allergic and non-slip neoprene with solid ALUMINIUM ends.
- **Supports:** 65mm thick ergonomic high-density foam with manual bolt mechanism.
- **Travel limiter:** Different positions with angle and with numbered indicator.
- **Pulleys:** Nylon with internal bearing and silent operation.
- **Painting process:** 7 layers of paint. 3 layers of protection and 4 layers of paint. Pickled and stabilised steel by total immersion of the pieces in different degreasing solutions to guarantee a perfect and complete cleaning of the base material. Antioxidant primer to ensure adequate insulation from internal oxidation and good paint adhesion. 2 final coats of epoxy polyester powder paint dried at 240°C.
- **Design Process:** Study of biomechanics and ergonomics under the supervision of professionals and

associated athletes. After a long period of design; From sketching, engineering research, prototype production, testing by professional athletes, our products go on the market.

### About Titanium Strength:

Leading brand in the sale of **equipment** and **machines** for **strength** and **cardio** training.

## Additional Information

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Use	Commercial
Colour	Black
Manufacturer	Titanium Strength
Width cms.	136
Height cms.	156
Large cms.	181
Body Part	Chest, Shoulders